

WP2: Person Centred Healthcare

What is person centred healthcare?

People should have the opportunity to make **informed decisions** about their care and treatment, in **partnership** with their healthcare professionals. Treatment and care should take into account **individual needs and preferences**.

How are we helping to improve person centred healthcare?

Clinician training

'Train the Trainer Programme' – we have been working with Public Health Wales and Improvement Cymru, to develop and deliver a national Shared Decision Making (SDM) training programme for NHS clinicians and managers

Research

- Learning from the Making Good Decisions in Collaboration (MAGIC) Programme has resulted in two new publications focusing on a new model of SDM (Oct, 2019, PEC) and the challenges of measuring SDM in the NHS (Aug 2019, BMJ Open)
- Ongoing large-scale NIHR grant – development and validation of diagnostic & decision making aid for men with lower urinary tract symptoms
- Recently completed NIHR decision support grants – breast cancer treatment options in older women (Sheffield University) & for people considering cataract surgery (University Hospitals Bristol NHS Foundation Trust)
- New HCRW study (CF PROSPER) – focusing on pregnancy related outcomes and the development of a decision aid to support shared decision making in preconception health in women with Cystic Fibrosis.
- PRIDA study – Focusing on shared decision-making in dental recall, funded by HCRW
- LEAP-MS study – individualised physical activity support and self-management approach for people with progressive Multiple Sclerosis

Studentships

- PhD success! Dr Freya Davies recently completed her PhD on how clinicians can support patients with long term neurological problems to self-manage their condition
- PhD success! Dr Victoria Shepherd recently completed her PhD on supporting proxy decision making for adults without capacity to participate in research
- Two ongoing PhD studentships – supporting young people to become more involved in shared decision making and exploring shared decision-making and co-production in pre-conception health



'Train the trainer' SDM workshop in Cardiff



Recent publication reflecting on the challenges of measuring SDM in the NHS



Person centred healthcare team members at the ISDM conference in Lyon, France.