

PRIME Work Package 1: Long term conditions

Long term conditions WP is led by Prof Joyce Kenkre & Dr Carolyn Wallace and supported by PRIME Centre staff Megan Elliott.

Seven of every 10 pounds spent in the NHS are spent on people with multiple long-term medical conditions. This WP develops research across sectors, particularly integrating health and social care.

What is the aim of the PRIME Long Term Conditions WP?

To develop research programmes that are identified by the **needs of the patients and people** affected by multiple long-term medical conditions through **collaboration with stakeholders**.

What have we been working on over the past year?

- Continued development and implementation of the **Family Resilience Assessment Instrument and Tool** with **all health visitors** across Wales, using the **FRAIT Community of Practice** and looking forward to identifying innovative ways of furthering this research programme using **digital technology**, as well as the potential to expand this work internationally, e.g. with colleagues in India.
- Implementation and development of the **Community Nursing Research Strategy**.
- Design, approvals and set up of two **social prescribing** mixed-methods waitlist trials with two **third sector** organisations, Mind Cymru and the British Red Cross and the **evaluation** of the **Social Services and Well-being (Wales) Act 2014**.
- Using **consensus methodologies** including **Group Concept Mapping** and **Nominal Group Technique** on studies including identifying; learning needs of social prescribers, research priorities for social prescribing, quality indicators for health visiting practice and factors for multi-agency working.
- Ongoing **capacity building** including KESS studentships, building research capacity in the **third sector** and supporting primary care staff with writing for publication.
- Dissemination of our work at **national and international conferences**, including WONCA Rural Health, European Rural Isolated Practitioners, Wales Rural Health and the International Social Prescribing conferences.
- Working with industry** on the **health** element of the BEACON's project, to develop new products to improve recycling and prevent landfill.
- Multiple **funding applications** for projects to support long term conditions, e.g. Wet AMD, workforce development, social loneliness, family resilience, social prescribing, falls awareness, mental health.

Next steps

- From April 2020 this work package will be restructured as **Care Closer to Home**, working on research programmes which **enable patients to access care in their own communities**, including in home-based health and social care services, general practice, community pharmacy, opticians and third sector organisations that provide services and support to communities.

