

News from Powys

Congratulations to Powys LD Team on Award

Congratulations to Hayley Tarrant (Head of Learning Disabilities in Powys) and the learning disability nurse team for their success at the annual Powys THB Excellence Awards in the Epilepsy Nurse Trial for Adults with Learning Disabilities (EpAID) research study.



The primary aim of the trial was to establish whether nurses with expertise in epilepsy and intellectual disabilities (ID) can improve clinical outcome in the management of epilepsy in adults with (ID), when compared to treatment as usual.



Funded by National Institute for Health Research, this study is on the UK CRN portfolio database and was sponsored by Cambridge & Peterborough NHS Foundation Trust and Cambridge University. Powys Teaching Health Board was one of only two Welsh sites

that participated in the study.

This research was a big achievement for the LD research team and Powys THB. Congratulations to Amy Breese, Sarah O'Sullivan, Geraldine Goodwin, Sue Walsh and Mair Stephens!

Largest Ever Welsh Health Research Project Launched

HealthWise Wales, which is the largest research project of its kind and designed to better understand the health of people living in Wales, was launched this week.

This is a confidential study which aims to develop an in-depth knowledge of the health of the nation and the information gained will be used to help the NHS plan for the future. The study is hoping to recruit up to 260,000 over a five year period. More:

healthWiseWales

More Obese than Underweight in the World

There are now more adults in the world classified as obese than underweight, a major study has suggested. The research, led by scientists from Imperial College London and published in The Lancet, compared body mass index (BMI) among almost 20 million adult men and women from 1975 to 2014.

It found obesity in men has tripled and more than doubled in women. The study found that the number of obese people worldwide had risen from 105 million in 1975 to 641 million in 2014. More:

bbc.co.uk



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April Competition: Where is CRAIG this month? For details on how to enter, see page 6. Prize this month is the **NEW** bendy Craig toy



CRAIG is Contemplating, Researching, Analysing, Innovating and Generating solutions

Training Opportunities

19 May 2016	Cochrane Database	Welshpool
16 June 2016	Health Information on the Internet	Bronllys
28 June 2016	CINAHL and the BNI	Bronllys
7 July 2016	OVID Clinical Database	Bronllys

To get more information on Powys tHB training, email powys.learning@wales.nhs.uk
 Powys THB staff should book their place on [ESR](#)
 Free e-Learning courses with Futurelearn at futurelearn.com

Health & Care Research Wales

11 May 2016	Introduction to Good Clinical Practice	Bangor
12 May 2016	Introduction to Good Clinical Practice	Cardiff
11 May 2016	Good Clinical Practice Refresher	Swansea
27 May 2016	Good Clinical Practice Refresher	Cardiff
20 April 2016	Communicating with Research Participants	Cardiff
17 May 2016	Building Research Partnerships	Cardiff
6 July 2016	Introduction to Research Methods	Cardiff
23 June 2016	Informed Consent	Cardiff
30 June 2016	Managing Essential Documents	Cardiff

To book any of the above training, go to healthandcareresearchwales

Do you have a project that could be Service Evaluation?

If you have a project that you think might be service evaluation, we can help.

Fill in the form and return it to the R&D Department or phone us on 01874 712638/2553. for more details.



Service Eval Form

Courses from Aneurin Bevan UHB

Success in Research	10 May 2016
How to use Available Resources	17 May 2016
Good Behaviour in Research	24 May 2016

Free to ABMU and Powys THB staff. Email jane.jones14@wales.nhs.uk

Test your Clinical Research Skills

To win a cash prize of £500, healthcare students from all levels can download four test protocols and choose which they think are the best, and why.

More: healthwatch-uk.org

Health & Care Research Wales



Formerly NISCHR, Health & Care Research

Wales have a list of funding opportunities

that range from project grants to research studentships.

To see **NEW** opportunities, go to health&careresearchwales



Books, Journals and Apps

#Why we do research

A Twitter campaign to highlight the importance of research, started by researchers Claire Gibbs and Abby Greaves at the James Pagel University Hospital has taken off worldwide. More: rcn.org.uk

Dementia Nursing Research

The dementia 2020 implementation plan issued in March highlights the importance of increasing dementia nursing research capacity and capability. More: gov.uk

Why Research is Everyone's Business

Encouraging nurses, midwives and allied health professionals to find out about how more of their colleagues are engaging in research in this supplement, published by Health Services Journal. More: nihr.ac.uk

Which books shaped your nursing life?

Did a book inspire you to take up nursing, make your training clearer or perhaps set you on a new road in your career? Then please review it for the RCN's 100 books on making a difference to nursing lives. More: rcn.org.uk

New Titles in Health Services and Delivery Research

If you would like to read the latest publications in the NIHR journal, *Health Services and Delivery Research*, please visit the NIHR Journals Library.

Improving Patient Care Research

A review on the assumption that clinicians and organisations engaging with research results in improved healthcare performance from 2015 is now available. More: nihr.ac.uk

Evidence for Everyday Nursing

An updated Cochrane review of discharge planning from hospital compares the tailor-made approach with the routine process. It reveals that the individual plan probably leads to reduced length of stay and readmission to hospital. More: rcn.org.uk

More News

NHS Wales Awards 2016

Enter any of the eight categories in these awards, including one on promoting clinical research and application to practice. All the finalists will be entered into the outstanding innovation in care category.

Entries by **4 April** please More:

nhs.walesawards.wales.nhs.uk

Changing Clinical Management of Falls

When mental health inpatients get a fracture from a fall, did an innovation led by an allied health professional make a difference? To find out, read further ...

rcn.org.uk

Autoimmune Diseases Research

A study from Canada's University of Calgary could change the way researchers understand and treat autoimmune diseases. More:

rcn.org.uk

Who to contact if you have any R&D Queries

For *all* queries relating to Research and Development, go to the intranet pages:

[research/development](#)

Full of information, from the latest news to how to start a research project.

You can learn about grants and see what support and guidance is available once you have decided on your project.

Alternatively, you can email research.development.pow@wales.nhs.uk

Conferences

Dementia: Quality of Care 2016 **27 April 2016, Manchester**

Hear the latest developments in dementia care and support and examples of best practice from leading organisations across the health and social care sector. This conference will help you develop a greater understanding of how we can actually create a society where every person with dementia receives high quality, compassionate care from diagnosis through to end of life care. More: Eventbrite.co.uk

Aneurin Bevan UHB R&D Conference **21 June 2016, Newport**

Living up to the Label—What it means to be a University Health Board. To book a place or get further information, email michael.morgan@wales.nhs.uk

Health and Care Research Wales Conference **13 October 2016, Cardiff**

A date for your diary. More details will be available soon.

Queens Nursing Institute Conference **19-20 September 2016, London**

This is the fifth annual conference and the first day is themed around quality issues in primary and community nursing. The second day is themed around inspiring nurses to work in primary and community care and Lord Willis has been invited to speak. More: ed.ac.uk

All-Wales Medical and Dental Education Conference **13 April 2016, Swansea**

- The themes for this conference will be:
- Welsh Language, Rural Health & Culture
- The Welsh Workforce for Health
- Recruitment and Retention
- The Learning Environment
- Innovation
- Interprofessional Education
- Assessment and Feedback

More: Eventbrite.co.uk

Job Vacancies

Research Manager

Cardiff and Vale UHB, Haemophilia Clinical Trials, University Hospital of Wales, Cardiff (Haematology Dept)

The Haematology Trials Unit is looking for a dynamic person with a sound understanding of research processes and its application to practice to join its dedicated team. Permanent post. Closing date: 13 April 2016 [More](#)

Research Specialist Nurse

Cardiff and Vale UHB, University Hospital of Wales, Cardiff (Haematology Dept)

The Haematology Trials Unit is looking for a dynamic person with a sound understanding of research processes. The successful post holder will be responsible for Haemophilia trials although some rotation within general haematology may be required. Permanent post. Permanent Post. Closing date: 5 April 2016 [More](#)

Other research jobs are available on jobs.nhs.uk



Flowchart for Research

To help you navigate through the often confusing research process, the Health and Care Research Wales flowchart is available: [research flowchart](#)

Funding Opportunities

Tenovus Cancer Care iGrants

Tenovus Cancer Care is committed to funding research that directly helps people affected by cancer in communities across all of Wales

Closing date: **20 April 2016**. More:

tenovuscancercare.org.uk

Researcher led funding

Research into the organisation and quality of care in the last year of life.

Closing date: **14 April 2016** More: nih.ac.uk

Researching Parkinson's

There is up to £5,000 to help you set up a themed research workshop to stimulate new research ideas. Closing date: **none**

More: parkinsons.org.uk

Efficacy & Mechanism Evaluation Programme

New funding opportunities are now available. Foetal/maternal health outcomes in chronic disease, immunotherapy for type 1 diabetes, non invasive transcranial stimulation. Closing date for all: **5 July 2016** More: nih.ac.uk

Prevention/Treatment of Obesity

The NIHR has issued a call for research into the evaluation of interventions or services for the prevention and treatment of obesity in adults and children. Issues of particular importance for this call include the prevention of type 2 diabetes and increasing levels of physical activity. More: nih.ac.uk

NIHR Funding Available

Below is a link to all the funding that NIHR is currently offering. Closing date: **various** More: nih.ac.uk

Find Research Funding

The RCN has an online resource showing which charities and government agencies offer research funding to nurses and midwives. More: rcn.org.uk

Research Scholarships

This is for nurses and midwives (scholarships) Closing date: **16 May 2016** More: rcn.org.uk

April Competition — Where is CRAIG?

Craig's been on holiday again. Where do you think he has been this time? Please send your entry to Bethan Davies, Powys THB, Basil Webb, Bronllys, Powys LD3 OLU or email Bethan.davies8@wales.nhs.uk by:

30 April 2016

Three winners will each receive a NEW bendy toy Craig

Name:

Base:

Email:

Where is CRAIG?

If **you** have an idea for a competition, please let us know at the address above or email Bethan.davies8@wales.nhs.uk



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd
Addysgu Powys
Powys Teaching
Health Board

For more information on R&D activity in Powys THB, any items in this newsletter, advice on research governance or any research queries, please contact:

R&D Co-ordinator, Powys THB 01874 712638/2553

E-mail: research.development.pow@wales.nhs.uk



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