

PiCRIS News

Issue 5 May 2017

Welcome

Welcome back to PiCRIS News, there have been quite a few changes since the last issue. Health and Care Research Wales has continued to develop as an organisation generating and supporting high quality research to improve the health and care of people in Wales. Primary Care research continues to remain an important area for Welsh Government with the Wales Centre for Primary and Emergency (including Unscheduled) Care Research (PRIME Centre Wales) commissioned as one of the five Health and Care Research Wales research centres, the introduction of a Primary Care research manager role and the continued funding of the PiCRIS scheme.

The new PiCRIS 2016/17 Scheme began on 1 April 2017 and introduces us to Level 2 Plus practices. We are excited to see this brand new role develop with the hope it can reinforce, strengthen and promote collaborative working and peer support amongst our network of over 100 PiCRIS practices. Please see the Level 2 Plus article for more information.

Finally if you have any comments or feedback about this newsletter or have any suggestions for future articles, please do let us know.

Featured Practice - The Practice of Health



The Practice of Health is a four partner practice with a list size of over 7300 in Barry, South Wales.

Research started in the practice many years ago, with nurse practitioner Helen, who took part in an osteoporosis study. The practice also acted as a Patient Identification Centre (PIC) for a few other studies. Interest started to grow and more studies were undertaken including WILMA, DUTY and ADVICE, with valuable learning obtained from each one. The Practice was actively participating in more studies and pilots, trialling new Quality and Outcomes Framework indicators and the MAGIC study. This involved developing a shared decision making tool for patients

with osteoarthritis of the knee, to implement in clinical practice which was published on the OptionGrid.org website.

When PiCRIS funding became available it was the perfect opportunity to expand the research team and have protected research time, regular team meetings, time to complete Good Clinical Practice training and have support from the PiCRIS team along the way. The practice was cautious and applied for Level 1 to ensure they could meet the target without too much pressure on the team. The practice gained Research Ready Accreditation and the team consisted of the lead GP, nurse practitioner, independent prescribing nurse, health care support worker and practice manager. In the first year they met the PiCRIS team and attended a PiCRIS event to develop their knowledge. They have since applied for and been awarded the top PiCRIS funding every year, have recruited two salaried GPs to the team and have all undertaken Good Clinical Practice training. They have also taken part in some great research, for example: FIT For LIST, GRACE, HEAT, MOSAIC, POETIC, PACE, SMBG and ZOOM.

The regular research team meetings allow time to plan, organise and discuss initiatives. For example the Easter notice board for current clinical trials and messages and reminders to encourage the rest of the practice team to refer suitable patients to recruit.

Mistakes have been made, but they have also learnt:

- To not have training too early as it's all forgotten by the time R&D approvals are obtained and the study is ready to start.
- That not all research is suitable for the practice.
- To make things simple: they have a clinical trials template, created by the practice manager, within their clinical system. This displays all current studies, a breakdown of each study and what is required with relevant read codes at their fingertips.

PiCRIS provided the Practice of Health the opportunity to set up their research team and they are happy to offer advice to anyone thinking of getting involved.

If you would like your practice to feature in a future edition of the PiCRIS News, please contact Lewis Darmanin.

Primary Care Studies in Wales

Below is a selected list of Primary Care studies in Wales. For more details contact your PiCRIS mentor and/or your local NHS R&D Office.

Study Type	Study acronym, title & references	Coverage	Status	Further details
Projects Seeking Expressions of Interest (Eol) Prior to R&D Submission				
Portfolio	ARCHIE	All Wales	Eol	Delivery Staff Research Nurses to support home visits of eligible patients, so may have geographical limitations
Portfolio	ARTIC	All Wales	Eol	Initial discussions with study team. Local Research Delivery staff sending out Eol
Portfolio	CONDUCT	BCUHB, CTUHB, CVUHB	Eol	Currently only looking for 3-4 large practices with proven opportunistic recruitment record
Projects which have Received Research Governance Approval*				
Portfolio UKCRN 18118	ARRISA: At-Risk Registers Integrated into primary care to Stop Asthma crises IRAS: 161432 REC: 14/WA/1211	All Wales	Approved*	Open to new sites
Portfolio UKCRN 19749	ALICE: Antivirals for influenza like illness? Clinical and Cost-effectiveness IRAS: 165209 REC: 15/SC/0138	South East Wales only	Approved*	Open to sites in South East Wales
Portfolio UKCRN 14611	BARACK D: Benefits of Aldosterone Receptor Antagonism in Chronic Kidney Disease Trial: A potential new treatment for kidney disease IRAS: 107072	All Wales	Approved*	Open to new sites
Portfolio UKCRN 11921	HEAT: Helicobacter eradication to prevent ulcer bleeding in aspirin users: a large simple randomised controlled trial IRAS: 46787 REC: 11/EM/0434	All Wales	Approved*	Open to new sites. Study recruitment extended to Oct 17
Portfolio UKCRN 30521	CEDAR: Children's drops for ear pain in acute otitis media IRAS: 165404 REC: 15/SC/0376	All Wales	Approved*	Open to new sites
Portfolio UKCRN 13492	CANDID: Cancer Diagnosis Decision Rules IRAS: 85145 REC: 12/SC/0328	All Wales	Approved*	Closed to new sites
Portfolio UKCRN 31699	Statinwise: randomised controlled n-of 1 trials in patients who have discontinued or wish to discontinue statin use due to muscle-related symptoms to assess if atorvastatin treatment causes more muscle symptoms than placebo IRAS: 197990 REC: 16/SC/0324	All Wales	BCUHB Approved Awaiting further approvals	Open to new sites. However only requesting 10 sites across Wales to recruit 20 patients total
	HealthWise Wales (PIC study) IRAS: 174287 REC: 15/WA/0076	All Wales	Approved*	Requesting practices promote this study to patients, staff and colleagues

* Global Governance Approval received but sites may need local health board approval.

Glossary:	IRAS	Integrated Research Application System
	PIC	Participant Identification Centre
	REC	Research Ethics Committee
	UKCRN	UK Clinical Research Network

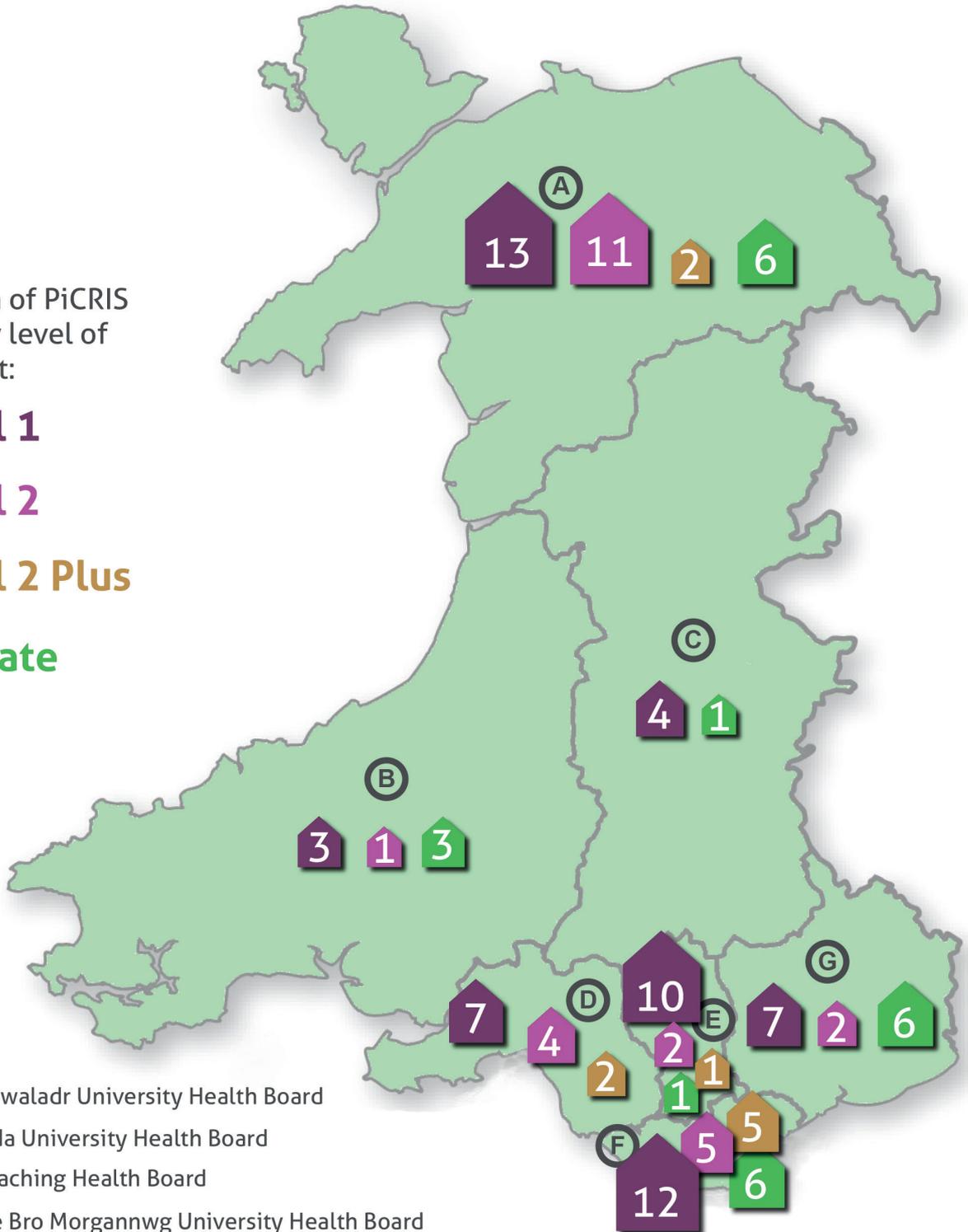
PiCRIS 2017

Primary Care Research Incentive Scheme

The Primary Care Research Incentive Scheme (PiCRIS) is run by Health and Care Research Wales. It offers support, mentorship (through regional mentors) and funding to primary care practices across Wales. Its aim is to provide practices with an incentive to become research active and embed research activity into daily practice.

Distribution of PiCRIS practices by level of involvement:

-  **Level 1**
-  **Level 2**
-  **Level 2 Plus**
-  **Affiliate**



- (A)** Betsi Cadwaladr University Health Board
- (B)** Hywel Dda University Health Board
- (C)** Powys Teaching Health Board
- (D)** Abertawe Bro Morgannwg University Health Board
- (E)** Cwm Taf University Health Board
- (F)** Cardiff & Vale University Health Board
- (G)** Aneurin Bevan University Health Board

Level 2 Plus

As mentioned in the welcome, this year sees the introduction of Level 2 Plus. A competitive application process was held where successful practices were selected on merit after demonstrating their research experience and resources available to provide peer support.

The 10 successful practices are listed below:

North Wales:	Clarence Medical Centre, Marches Medical Practice.
South East Wales:	Ashgrove Surgery, Ely Bridge Surgery, Llandaff Surgery, Llandaff North Medical Centre, Llanedeyrn Health Centre, Practice of Health.
South West Wales:	Killay Surgery, St Thomas Surgery.

Level 2 Plus practices will be able to support our PiCRIS practice community via a number of options. Examples of this could include helping less experienced practices develop their own skills to pick the right study for them – ensuring successful involvement, providing logistical advice on running a study (through face to face shadowing, over the phone/ skype, via email), advise practices about commercial research involvement, facilitating increasing numbers of practices engaging in research through increased opportunities (e.g. acting as a hub for recruitment and research meetings/ training, where feasible and appropriate).

PRIME Centre Wales



Canolfan PRIME Cymru PRIME Centre Wales

[PRIME Centre Wales](#) was officially launched in September 2015, funded by Health and Care Research Wales for research into the Primary, Unscheduled and Emergency care sectors. These are essential sectors for research – over 90% of all patient contacts occur here, and efficiency and effectiveness of the whole system depends on strong primary and emergency care sectors working together. A strong academic base for this is paramount.

We brought together two previously successful entities (Wales School for Primary Care Research and TRUST Network for Emergency and Unscheduled Care Research), and added new partners from all of Wales and across disciplines. The new collaborations have been highly synergistic, demonstrating new and valuable research across nursing, dental, medical and social care and allied disciplines.

PRIME Centre Wales funded researchers are undertaking high-quality research on topics of national policy priority in primary and emergency care and ensuring findings are translated into policy and practice. Our work focuses on the workpackages:

1. [Long term conditions & co-morbidity](#)
2. [Patient centred & prudent healthcare](#)
3. [Infections & antimicrobial resistance](#)
4. [Screening, prevention & early diagnosis in primary care](#)
5. [Unscheduled & emergency \(including pre-hospital\) care](#)
6. [Patient safety](#)
7. [Oral health & primary dental care](#)

Engagement with PiCRIS practices has proven critical to the success of PRIME research studies which have included many already mentioned in the featured practice piece by Practice of Health: [DUTY](#), [ADVICE](#), [MAGIC](#), [MOSAIC](#), [POETIC](#) and [PACE](#). We look forward to increased involvement with the PiCRIS community and welcome practices to [sign-up to our mailing list](#) to hear of our research news, and events updates and follow us on Twitter [@PrimeCentre](#).



Doeth am Iechyd Cymru HealthWise Wales

HealthWise Wales

Your information will protect the health of the nation

Since the launch of HealthWise Wales in 2016, the team has been working with the public to achieve some ambitious goals. With a bold target of 260,000 participants within three years – a higher target than most research projects – they knew they had a large project ahead of them. And with such a wide target audience – everyone 16 and over – they also knew they had a mission ahead encouraging the public to

share their health information to help the NHS with the future of healthcare.

Last month, they launched their second advertising campaign featuring participants who want to share their story and the importance of the public's involvement in research. You can hear their stories by listening to the adverts on the HealthWise Wales YouTube Channel: <https://www.youtube.com/channel/UCdM2NsxdOtek404IV4inaKw>

The team has worked hard this past year to get the HealthWise Wales project underway but there is still more work to do to get the numbers they really need to make the project a success and to benefit the NHS and the public.

If you would like to support, promote and engage with HealthWise Wales it will count towards one of your study requirements. Leaflets and posters are available from the study team, visit the website www.healthwisewales.gov.wales or email them healthwisewales@cardiff.ac.uk for promotional materials.



Diary Dates & Training

Good Clinical Practice (GCP)

For latest training dates about GCP training please visit: www.healthandcareresearch.gov.wales/training-and-development/

Improving Healthcare Through Clinical Research - MOOC

This free, Massive Open Online Course (MOOC) will allow you to find out how medical treatments are discovered, tested and evaluated to improve healthcare for all. www.healthandcareresearch.gov.wales/events/2017/05/22/improving-healthcare-through-clinical-research/

Aneurin Bevan UHB eighth annual R&D conference

20 June 2017, Christchurch Centre, Old Malpas Road, Newport, NP20 5PP www.healthandcareresearch.gov.wales/events/2017/06/20/aneurin-bevan-uhb-eighth-annual-randd-conference/

Health and Care Research Wales annual conference

5 October 2017, SWALEC Stadium www.healthandcareresearch.gov.wales/events/2017/10/05/health-and-care-research-wales-conference-2017/

Contacts

If you would like further information about PiCRIS, please contact us.

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