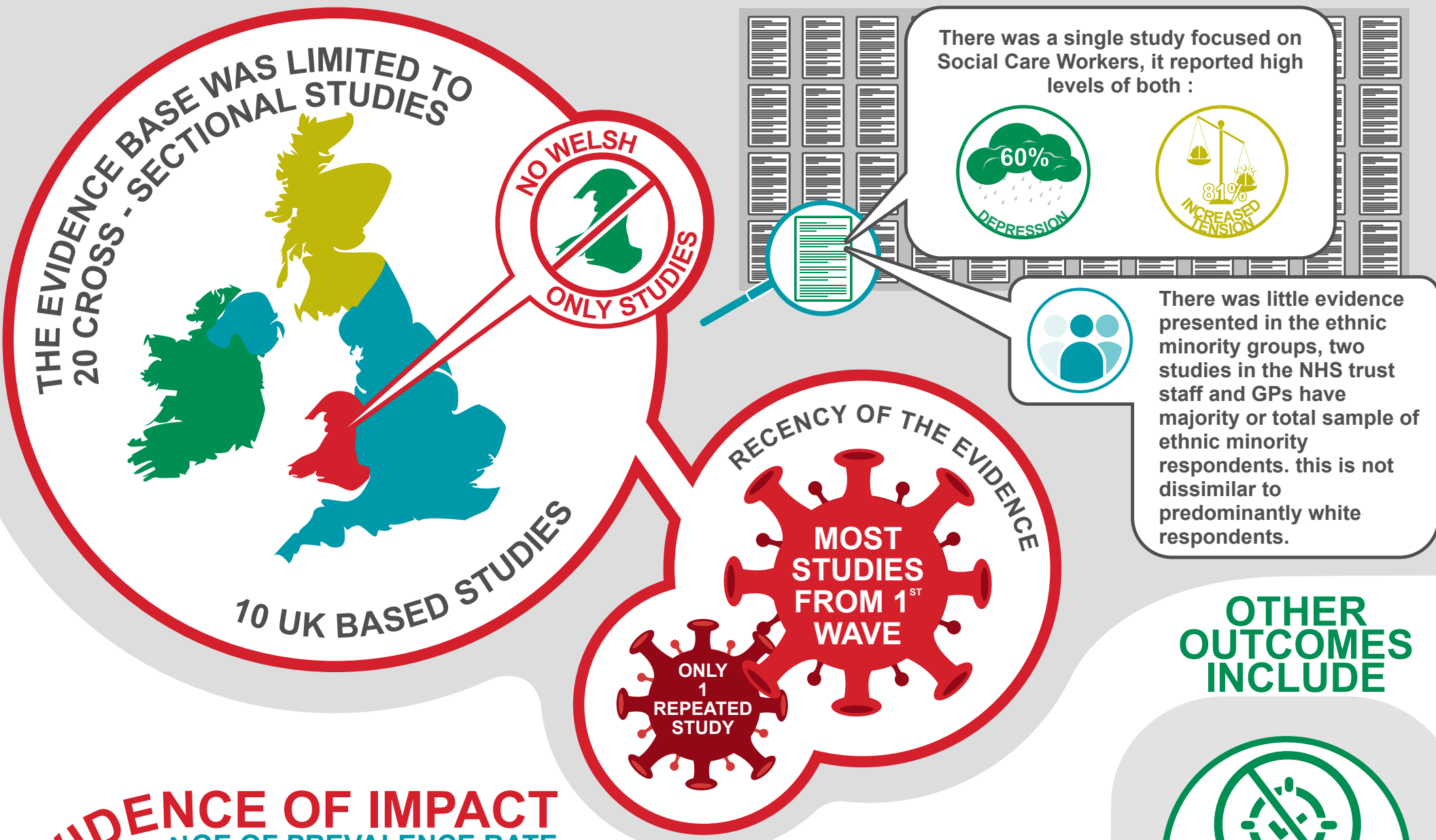


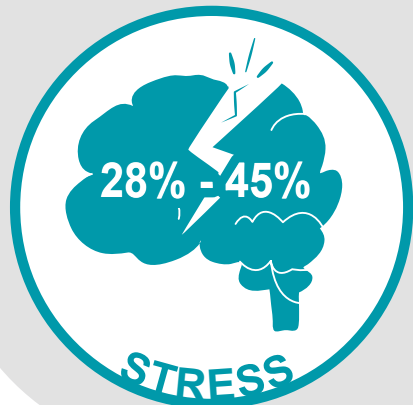
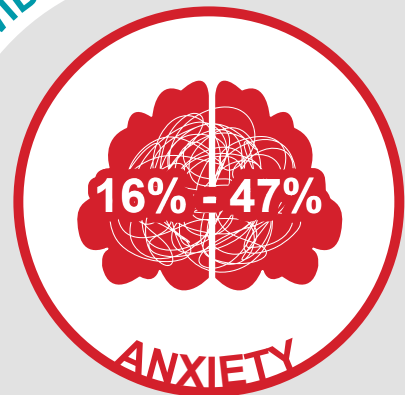
# Rapid review on the impact of the COVID-19 pandemic on the mental health of health and social care workers within the UK

STRENGTH OF EVIDENCE  
"LOW CONFIDENCE"



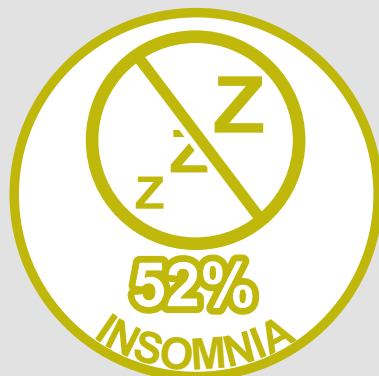
## EVIDENCE OF IMPACT

WIDE RANGE OF PREVALENCE RATE



Self reported by the health & social care workers during COVID-19 1<sup>st</sup> Wave, using the validated scales

## OTHER OUTCOMES INCLUDE



## Policy Implications

Evidence from 20 cross-section UK studies suggested the 1<sup>st</sup> wave of Covid had a substantial adverse impact on mental health at the time.

While the proportion may be over-estimated by the studies design, research is significant enough to warrant availability of mental health support being available to staff

Female staff members with pre-existing/ prior mental health

disorders & having to worry about Covid transmission/PPE are identified as the most at risk for support

The evidence quality is low (cross-sectional studies) and further research is needed to understand the longer term mental health impact & the severity of risk factors and for those impacts

