The BONNY METHOD of GUIDED IMAGERY AND MUSIC (GIM)

A receptive form of Music Psychotherapy

IMAGEing-EUROPEAN GIM TRAININGS

Endorsed by the Association for Music & Imagery (USA)

Course Details: Training Level I: Introductory (3-day intensive Seminar)
Venue: University of South Wales, Newport City Campus, Wales, NP2 2BP
Date: Friday 12th May – Sunday 14th May 2017
Times: Friday: 10.00 - 18.00, Saturday and Sunday: 9:00 – 17:00
Fees: Registration fee of £360
       Early registration discounted to £320 until March 31st 2017

For registration details/payment procedure, please use this link http://bit.ly/2kW7W6Y
For further programme details, please visit the website www.gimtherapy.eu

Additional information

- Musical knowledge/training is not a prerequisite but an affinity to music is desirable.
- Participants are limited to a small group.
- International applications are welcome

Scientific Director: Dag Körlin, MD, PhD, FAMI, Psychiatrist, Certified Psychotherapist
Primary trainer of the Level I-Introductory seminar: Evangelia Papanikolaou, Music Therapist/Psychotherapist and Supervisor, GIM Therapist and Primary Trainer. PhD student (Aalborg University, Denmark), Adjunct Professor (American Hellenic University, Greece), Programme Coordinator (IMAGEing, Europe).

What is the Bonny Method of “Guided Imagery and Music”

The Bonny Method of Guided Imagery and Music (GIM) belongs to the holistic traditions of psychotherapy. It is a form of music-assisted therapy, an innovative tool that can be used alongside many therapeutic approaches, with scientific evidence for effectiveness in various clinical fields.

This 3-day seminar and workshop introduces healthcare professionals including arts therapists, counsellors, nurses, psychotherapists, psychiatrists and psychologists and those employed in other helping professions to the basic theory and practice of GIM. A full training in the method will be offered later in 2017 for those who wish to continue. The training focuses on the traditional GIM method but also incorporates modifications and adapted shorter forms of Music and Imagery (MI), appropriate for work in various fields such as psychological trauma, psycho-oncology, palliative care, perinatal psychology, addictions, team-building, etc.

The professional training course of the IMAGEing-European GIM Trainings is endorsed by the international Association for Music and Imagery (AMI). Graduates are eligible to apply for registration as Fellows of AMI and approved therapists of the method.

For further details and requests, please contact gimtherapy@gmail.com